

bottles & burps



HOLGDPR

Holle Goat Milk Stage PRE Organic Formula + DHA (400g)



Age: From 0-6 Months

Yield: Approximately 102oz of Formula

Holle Goat Stage PRE is suitable for feeding from birth onward (0-6 months) or if you are transitioning your little one from breastfeeding. We are excited about this newly released PRE version of Holle Goat because (a) it uses only lactose as a carbohydrate, (b) it is based on A2 goat milk only, and (c) it does NOT utilize palm oil. Other ingredients include essential vitamins and minerals to promote your baby's development and meet EU regulatory requirements. Like all Holle formulas we sell, this formula is certified organic based on strict EU standards.

Generally, goat's milk formula is recommended as a first alternative to hypoallergenic formulas when milk allergies are suspected. Additionally, as goat's milk naturally contains less lactose as compared with cow's milk, goat's milk formulas can sometimes work well when your little one exhibits lactose sensitivities or intolerance.*

Goat's milk is a fantastic source of protein. Additionally, it contains less sugar (i.e. lactose), more calcium, more Vitamin B6, more Vitamin A, and more Potassium than regular cow's milk. While cow's milk comprises around 17% fatty acids, goat's milk averages 35% fatty acids, making it more nutritional for your little one. It's important to note that the flavor is different and stronger and it may take some getting used to.

* It's important to remember that some of the cow's milk and goat's milk protein structures are the same. This means that children with a cow's milk allergy may therefore also not be able to tolerate these goat milk formulas. In such cases, testing should take place in consultation with your pediatrician.

- ✓ Only EU Certified Organic Dairy Farms
- ✓ Vitamins A, C, D and E for baby's immune system
- ✓ A2 goat milk protein
- ✓ No corn-based sweeteners
- ✓ Only lactose as carbohydrate
- ✓ No GMOs
- ✓ DHA from Vegan Source
- ✓ No Palm Oil



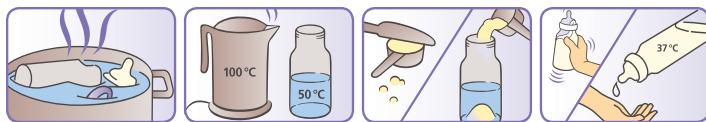
organic

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INSTRUCTIONS



Preparation for all powdered formulas (also consistent with US FDA guidelines):

1. Boil water freshly for each of baby's meals and allow to cool down to 120 degrees Fahrenheit (50 °C) before mixing with formula powder.
2. Pour in ½ of the necessary amount of boiled water into a clean and sterilized bottle.
3. Using the scoop provided with your box of formula (note that spoon sizes vary by brand and even lot), add the correct number of leveled scoops of powder.
4. Close the bottle with the nipple and cap and vigorously shake.
5. Add the remaining half of the water to the bottle and shake again.
6. Cool to drinking temperature (approximately 98 degrees Fahrenheit or ~ 37 °C) and **ALWAYS** test the temperature of the milk before feeding to avoid scalding or burning your little one.

There are many mothers that regularly use distilled water without boiling it, apparently with no negative consequences. We cannot recommend this approach and there are actual reasons even the US FDA recommends pre-boiling tap or distilled water instead.

MIXING AND FEEDING INSTRUCTIONS (HOLLE GOAT STAGE 1)

AGE	BOTTLES PER DAY	WATER (OZ)	# OF SCOOPS
First Week	Consult Your Pediatrician		
2 to 4 Weeks	5-7	3	3
Month 2	4-5	5	5
Months 3-4	4-5	6	6
5 th Month Onward	4-5	7	7

DON'T FORGET

- ONCE YOU HAVE OPENED THE INNER FOIL BAG CONTAINING YOUR FORMULA, YOU SHOULD USE WITHIN 2 WEEKS. AVOID STORING IN AREAS OF HIGH HEAT OR HUMIDITY.
- IF MIXED FORMULA IS NOT CONSUMED WITHIN AN HOUR, YOU SHOULD DISCARD IT.
- DO NOT MICROWAVE BOTTLES OR FORMULA.

INGREDIENTS

Organic whole A2 goat milk*, organic lactose, organic whole A2 goat milk powder*, organic vegetable oils (sunflower oil, rapeseed oil), calcium carbonate, choline bitartrate, oil from the microalgae Schizochytrium sp. as DHA source, Oil from Mortierella Alpina as ARA source, sodium citrate, potassium citrate, L-tyrosine, calcium salts of orthophosphoric acid, vitamin C, L-tryptophan, L-cystine, iron sulfate, zinc sulfate, magnesium carbonate, pantothenic acid, niacin, vitamin E, copper sulfate, vitamin A, vitamin B6, manganese sulfate, folic acid, sodium selenate, vitamin K1, vitamin B1, potassium iodate, biotin, vitamin D, vitamin B12.

*100g infant formula powder are made from 316ml full-cream goat milk.

NUTRITION FACTS

	Per 100 ml Formula	Per 100 Calories
Energy (kcal)	66.0	100.0
Protein (g)	1.3	2.0
Fat (g)	3.3	5.0
Of which:		
Saturated Fat (g)	1.2	1.8
Monounsaturated Fat (g)	1.5	2.3
Polyunsaturated Fat (g)	0.6	0.9
Linolenic Acid (mg)	43.0	65.2
DHA (mg)	15.0	22.7
Carbohydrate (g)	7.8	11.8
Of which:		
Sugars (Primarily Lactose) (g)	7.8	11.8
Lactose (g)	7.8	11.8
Starch (g)	0.0	0.0
Water (g)	90.0	136.4
Linoleic Acid (mg)	510.0	772.7
VITAMINS		
Vitamin A (IU)	178.7	270.7
Vitamin D (IU)	60.0	90.9
Vitamin E (IU)	1.2	1.8
Vitamin K (mcg)	5.0	7.6
Thiamine (Vitamin B1) (mcg)	34.0	51.5
Riboflavin (Vitamin B2) (mcg)	120.0	181.8
Vitamin B6 (mcg)	29.0	43.9
Vitamin B12 (mcg)	0.11	0.17
Niacin (mcg)	340.0	515.2
Folic Acid (Folacin) (mcg)	9.9	15.0
Pantothenic Acid (mcg)	340.0	515.2
Biotin (mcg)	1.8	2.7
Vitamin C (Ascorbic Acid) (mg)	5.9	8.9
Choline (mg)	22.0	33.3
Inositol (mg)	3.3	5.0
MINERALS		
Calcium (mg)	70.6	107.0
Phosphorus (mg)	41.6	63.0
Magnesium (mg)	5.7	8.6
Iron (mg)	0.53	0.80
Zinc (mg)	0.44	0.67
Manganese (mcg)	6.5	9.8
Copper (mcg)	54.0	81.8
Iodine (mcg)	13.2	20.0
Selenium (mcg)	4.2	6.4
Sodium (mg)	22.0	33.3
Potassium (mg)	80.4	121.8
Chloride (mg)	61.4	93.0
OTHER ITEMS		
Folate (mcg DFE)	16.5	25.0
L-Carnitine (mg)	1.1	1.7
ARA (mg)	15.0	22.7

DILUTED: EACH 149 ML (~5 FL OZ) CONTAINS 100 CALORIES.

Translated from original German labels as of September 25, 2023.

Converted to units and table format/order per US Title 21: Subchapter B: Part 107.