

bottles & burps



HOLGD02

Holle Goat Milk Stage 2 Organic Formula + DHA (400g)



Holle

Age: From 6-10 Months

Yield: Approximately 100oz of Formula

NEW 2023 formulation with A2 goat protein. Holle Goat Stage 2 Organic Follow-On Infant Milk Formula is made using organic goat milk (in accordance with EU organic laws) and is suitable for feeding from the 6th month onward after using Holle Goat Stage 1 or subsequent to breastfeeding.

The organic maltodextrin used to make this formula creamy and satiating for your little one is also EU certified organic. Other ingredients include essential vitamins and minerals to promote your baby's development and meet EU regulatory requirements.

This formula can also be used for preparing porridge, such as Holle rice or oat porridges, which we also sell.

Generally, goat's milk formula is recommended as a first alternative to hypoallergenic formulas when milk allergies are suspected. Additionally, as goat's milk naturally contains less lactose as compared with cow's milk, goat's milk formulas can sometimes work well when your little one exhibits lactose sensitivities or intolerance.*

Goat's milk is a fantastic source of protein. Additionally, it contains less sugar (i.e. lactose), over 10% more calcium, around 25% more Vitamin B6, close to 50% more Vitamin A, and well over 100% more Potassium than regular cow's milk. While cow's milk comprises around 17% fatty acids, goat's milk averages 35% fatty acids, making it more nutritional for your little one. It's important to note that the flavor is different and stronger and it may take some getting used to.

* It's important to remember that some of the cow's milk and goat's milk protein structures are the same. This means that children with a cow's milk allergy may therefore also not be able to tolerate these goat milk formulas. In such cases, testing should take place in consultation with your pediatrician.

- ✓ Only EU Certified Organic Dairy Farms
- ✓ Vitamins A, C, D and E for baby's immune system
- ✓ A2 goat milk protein
- ✓ No corn-based sweeteners
- ✓ No gluten
- ✓ No GMOs
- ✓ DHA from Vegan Source
- ✓ No Palm Oil



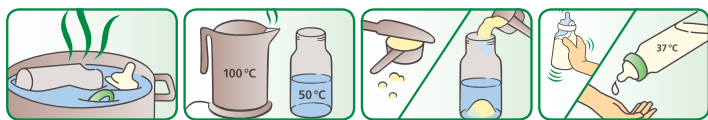
organic

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Organic Formula + DHA (400g)



INSTRUCTIONS



Preparation for all powdered formulas (also consistent with US FDA guidelines):

1. Boil water freshly for each of baby's meals and allow to cool down to 120 degrees Fahrenheit (50 °C) before mixing with formula powder.
2. Pour in ½ of the necessary amount of boiled water into a clean and sterilized bottle.
3. Using the scoop provided with your box of formula (note that spoon sizes vary by brand and even lot), add the correct number of leveled scoops of powder.
4. Close the bottle with the nipple and cap and vigorously shake.
5. Add the remaining half of the water to the bottle and shake again.
6. Cool to drinking temperature (approximately 98 degrees Fahrenheit or ~ 37 °C) and **ALWAYS** test the temperature of the milk before feeding to avoid scalding or burning your little one.

There are many mothers that regularly use distilled water without boiling it, apparently with no negative consequences. We cannot recommend this approach and there are actual reasons even the US FDA recommends pre-boiling tap or distilled water instead.

MIXING AND FEEDING INSTRUCTIONS (HOLLE GOAT STAGE 2)

AGE	BOTTLES PER DAY	WATER (FL OZ)	# OF SCOOPS
		5	5
6 Months Onward	2-3	6	6
		7	7

DON'T FORGET

- ONCE YOU HAVE OPENED THE INNER FOIL BAG CONTAINING YOUR FORMULA, YOU SHOULD USE WITHIN 2 WEEKS. AVOID STORING IN AREAS OF HIGH HEAT OR HUMIDITY.
- WE HIGHLY RECOMMEND STORING FORMULA POWDER IN AN AIRTIGHT CONTAINER.
- IF MIXED FORMULA IS NOT CONSUMED WITHIN AN HOUR, YOU SHOULD DISCARD IT.
- DO NOT MICROWAVE BOTTLES OR FORMULA.

INGREDIENTS

Organic Demeter whole A2 goat milk*, organic lactose, organic Demeter whole A2 goat milk powder*, organic vegetable oils (sunflower oil, rapeseed oil), organic maltodextrin, organic starch, calcium carbonate, oil from the microalgae Schizochytrium sp. as DHA source, sodium citrate, potassium citrate, vitamin C, L-tyrosine, L-tryptophan, iron sulfate, zinc sulfate, magnesium carbonate, pantothenic acid, niacin, copper sulfate, vitamin E, vitamin A, vitamin B1, vitamin B6, folic acid, manganese sulfate, sodium selenate, vitamin K1, potassium iodate, biotin, vitamin D, vitamin B12.

* 100g infant formula powder are made from 324ml full-cream goat milk.

NUTRITION FACTS

	Per 100 ml Formula	Per 100 Calories
Energy (kcal)	68.0	100.0
Protein (g)	1.4	2.1
Fat (g)	3.6	5.3
Of which:		
Saturated Fat (g)	1.3	1.9
Monounsaturated Fat (g)	1.6	2.4
Polyunsaturated Fat (g)	0.7	1.0
Linolenic Acid (mg)	46.0	67.6
DHA (mg)	14.0	20.6
Carbohydrate (g)	7.7	11.3
Of which:		
Sugars (Primarily Lactose) (g)	5.3	7.8
Lactose (g)	5.2	7.6
Starch (g)	0.50	0.74
Water (g)	90.0	132.4
Linoleic Acid (mg)	585.0	860.3

VITAMINS

Vitamin A (IU)	200.3	294.6
Vitamin D (IU)	64.0	94.1
Vitamin E (IU)	1.3	2.0
Vitamin K (mcg)	5.7	8.4
Thiamine (Vitamin B1) (mcg)	39.0	57.4
Riboflavin (Vitamin B2) (mcg)	110.0	161.8
Vitamin B6 (mcg)	31.0	45.6
Vitamin B12 (mcg)	0.11	0.16
Niacin (mcg)	360.0	529.4
Folic Acid (Folacin) (mcg)	11.1	16.3
Pantothenic Acid (mcg)	360.0	529.4
Biotin (mcg)	2.0	2.9
Vitamin C (Ascorbic Acid) (mg)	7.0	10.3

MINERALS

Calcium (mg)	72.0	105.9
Phosphorus (mg)	43.7	64.3
Magnesium (mg)	5.9	8.7
Iron (mg)	0.59	0.87
Zinc (mg)	0.46	0.68
Manganese (mcg)	6.3	9.3
Copper (mcg)	57.0	83.8
Iodine (mcg)	14.2	20.9
Selenium (mcg)	3.8	5.6
Sodium (mg)	24.0	35.3
Potassium (mg)	88.2	129.7
Chloride (mg)	64.3	94.6

OTHER ITEMS

Folate (mcg DFE)	18.5	27.2
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DILUTED: EACH 147 ML (~5 FL OZ) CONTAINS 100 CALORIES.

Translated from original German labels as of September 28, 2023.

Converted to units and table format/order per US Title 21: Subchapter B: Part 107.